



May 2019 More Than A Meal Café

The Rock Mission Center: 1019 E. Wall Street, Eagle River
Meals sponsored by the ADRC of Vilas County

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  | | 1 Garlic Lime Chicken Au Gratin Potatoes Broccoli Multi Grain Bread Apple Cake | 2 Pork & Scalloped Potato Casserole Carrots Whole Wheat Roll Pistachio Dessert May Birthdays | 3 Chicken Salad on a Croissant Romaine Leaf & Tomato Slice Minestrone Soup Fresh Strawberries Cookie |
| 6 Chef Salad with Romaine Lettuce, Tomatoes, Diced Turkey, Hard Boiled Egg, Shredded Cheese Dressing Fresh Roll Lentil Bean Soup Cookie | 7 Egg, Ham, Pepper & Cheese Breakfast Bake Oven Browned Potatoes Seasoned Broccoli Fruit Muffin Rhubarb Cake | 8 Peach-Glazed Pork Loin Parsley Buttered Potatoes Coleslaw Dinner Roll Blueberry Coffee Cake | 9 Seasoned Baked Chicken Mashed Potatoes Gravy Cold Pickled Beets Whole Wheat Bread Strawberries Angel Food Cake Mother's Day Celebration | 10 Beef Stroganoff Mashed Potatoes Pea, Cheese, & Onion Salad Whole Wheat Bread Peaches & Vanilla Pudding |
| 13 Herb Baked Fish Tartar Sauce Parsley Buttered Potatoes Peas Whole Wheat Bread Pineapple | 14 Beef Chop Suey Whole Grain Rice Oriental Blend Veggies Egg Roll Mandarin Oranges Cookie | 15 Roast Turkey Mashed Potatoes Gravy Vegetable Blend Whole Wheat Dinner Roll Raspberry Sherbet Jell-O | 16 Meat Lasagna Wax Beans Romaine & Spinach Salad Dressing Garlic Breadstick Cranberry Cake | 17 Tuscan Bean Soup Ham & Swiss on Marble Rye Romaine Leaf & Tomato Slice, Mayo Grape Juice Peach Crisp |
| 20 Chicken Breast Mushroom & Bacon Sauce Mashed Potatoes Broccoli Biscuit Honey Bee Ambrosia | 21 Roast Pork Boiled Potatoes Gravy Steamed Red Cabbage Oat Bran Bread Cinnamon Applesauce | 22 Crab Pasta Salad over Romaine Tomato Wedges Dinner Roll Peaches Lemon Bar | 23 Hamburger on a Bun Grilled Onions Ketchup Tomato & Cuke Salad Calico Beans Honor Dessert w/ Berries Memorial Day Celebration | 24 Sirloin Tips Egg Noodles Squash 3-Bean Salad Whole Wheat Bread Apple Slices |
| 27 CLOSED for Memorial Day | 28 Chili Cheddar Cheese Slice Romaine Lettuce Salad Dressing Rye Bread Mandarin Oranges Cookie | 29 Roast Beef Gravy Mashed Potatoes Brussels Sprouts Whole Wheat Bread Pumpkin Bar | 30 Paprika Chicken Baked Sweet Potato Broccoli Salad Raisin Bread Vanilla Yogurt & Berries | 31 Boneless BBQ Pork Rib Scalloped Potatoes Whole Kernel Corn Whole Wheat Dinner Roll Grape Salad |

Lighter Substitute available in place of main entrée: Grilled Chicken Salad

Reservations or cancellations MUST be made 24 hours in advance

Meals served Monday through Friday at noon.

Call JENNIE JOHNSON at (715) 891-1221 to reserve or cancel a meal.